

Energy by Design



Pat Heydlauff works with women who want to create environments that promote work/life balance and increase prosperity.

What clients have to say

The positive energy concepts you shared at our Board of Director's meeting created a cohesive direction to follow plus provided us a new thought process for innovative thinking and strategic planning. You helped us align our goals and objectives as a board so we could develop new member growth while energizing existing member participation. I applied the information to my professional life and intend to energize all the new business and growth possible both in my personal life and for the Board of Directors."

—Jeannette Bliss
JTHS Past President

"Within a few weeks I was working more effectively and efficiently, and therefore so was my staff. My client base has continued to expand because I have the time to develop those relationships."

—Steve Walker
Attorney

"The results speak for themselves. Our JTHS Board meeting was a great success thanks to Pat's very energizing results oriented presentation. Since her presentations I have had offers on properties and closings in a difficult market."

—Joan Alipo
Past President JTHS, 2011 District 3 DVP, NAR

Energy Design

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Choose from high content programs

Women Can: Create a Roadmap to Unlimited Potential and Personal Achievement

- How to create the future you want
- What personal energy is and how to use it
- Connect old ways and old thinking to the new thinking and opportunities for women in the 21st Century

Impact Performance: How to Avoid the "Overs" – Over Stressing, Over Committing, Over Spending

- Manage stress by discovering energy-drainers
- Discover how to make yourself a priority
- Learn how to create a balanced life, maximize enjoyment and productivity
- Learn multi-tasking do's and don'ts
- Eliminate negative self talk

Engage: Build Environments for a Focused Mind

- Create work/life balance
- Build a focused efficient workplace
- Eliminate clutter and reduce stress
- Optimize your personal energy and productivity

Pat Heydlauff designs environments that promote work/life balance and increase prosperity. Her passion is to empower individuals and organizations to build and strengthen their existing workplace and home environments so that work/life balance is the norm and prosperity increases

A non-profit industry CEO veteran, Pat is a pioneer "flow of work/life balance and prosperity" strategist. Turning around an ailing non-profit taught Pat that stress and chaos can destroy work/life balance and prosperity.

Pat is President of Energy Design, a company dedicated to building balanced prosperous workplace and home environments. She believes there should be no organization boxes because they limit success. She is the author of the how-to books, *Feng Shui, So Easy a Child Can Do It* and *Selling Your Home with a Competitive Edge*.