



Pat designs environments that promote work/life balance and increase prosperity.

Work/life Balance and Prosperity Programs, Workshops and Keynotes for Organizations, Corporate Events, Associations and Conventions

Pat offers the following work/life balance and prosperity programs. Select from her high content presentations that are perfect for decision makers and influence leaders who are seeking a groundbreaking approach to work/life balance and increased prosperity. All presentations can be customized for your specific needs of topic and length of program.

1. Engagement 3.0: Creating the Focused Workforce

- Manage change and uncertainty
- Use creativity to foster new ideas and opportunities
- Learn how to think as a visionary
- Develop "Inside-Out Thinking" to create opportunities
- Create a company-wide vision that involves everyone

2. Laser: How Leaders Unleash the "flow of focus"

- Learn how to motivate and inspire followers whether Boomer, Gen X or Gen Y
- Increase employee retention and involvement to enable and encourage employees
- Optimize personal energy and creativity
- Develop a personal stress control plan that will increase productivity
- Create a physical workplace that reduces stress and improves focus

3. The Big Picture: How to Focus Conflicting Agendas

- Develop the keys to more effective communication
- Create a balanced and harmonious workplace environment by utilizing the flow of positive energy throughout the workplace
- Encourage teamwork and unity by utilizing "Inside-Out Strategies"
- Develop skills that will improve productivity
- Improve interpersonal connections

Pat Heydlauff, IOM - Speaker, Consultant, Author

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4. Engage: Build Environments for a Focused Mind

- Discover balance in your work and home life
- Create a workplace that supports focus and efficiency
- Learn how to eliminate clutter and reduce stress
- Optimize your personal energy and productivity
- Learn how to shift your personal energy to improve self-motivation, enthusiasm and creativity

5. Impact Performance: How to Avoid the “Overs” – Over Stressing, Over Committing, Over Spending

- Manage stress by discovering what your energy-drainers are
- Discover how to make yourself your No. 1 priority
- Learn how to create a balanced life
- Learn multi-tasking do's and don'ts
- Eliminate negative self-talk
- Develop a re-energizing plan to eliminate the “more” syndrome

Real Estate

6. Sold: Environments that Set Up Sales

- Learn to stay focused and motivated
- Create a supportive environment to reduce stress and increase productivity
- Develop tools to cope with and overcome a negative market
- Eliminate negative self-talk
- Create a re-energizing plan to reduce anxiety
- Learn techniques to create curb-appeal inside and outside

Women's Organizations and Audiences

7. Women Can: Create a Roadmap to Unlimited Potential and Personal Achievement

- Discover the tools that connect old ways and old thinking to the new energy opportunities for women in the 21st Century
- What personal energy is and how to use it
- What are and how to use Universal Principles

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- How to speak softly so your voice echo's like thunder
- How to create the future you want?

Are You Looking for More Than Just Another Program or Keynote?

Has passion, innovation and communication been unconnected and you can't seem to find the “on” switch to empowering the "flow of work/life balance and prosperity" in your life and your organization's operations? Pat suggests you may want to consider one of the following for your organization!

Platinum level program – this program includes

- Any above leadership, work/life balance and prosperity programs
- Copies of one of Pat's book *Feng Shui, So Easy a Child Can Do It* or *Selling Your Home with a Competitive Edge* for up to 150 attendees. (Extra books may be purchased at a discount depending upon total quantity ordered.)
- Site visit within 90 days of program completion. This will be a workshop covering new strategy implementation as well as any questions the group may have.

Gold level program – this program includes

- Any above leadership, work/life balance and prosperity programs
- Copies of one of Pat's book *Feng Shui, So Easy a Child Can Do It* or *Selling Your Home with a Competitive Edge*. (Extra books may be purchased at a discount depending upon total quantity ordered.)
- Teleseminar to take place within 90 days of program completion. This teleseminar will be available to any attendees as a follow up and to answer questions.

Silver level program – this program includes

- Any above leadership, work/life balance and prosperity programs
- Copies of one of Pat's book *Feng Shui, So Easy a Child Can Do It* or *Selling Your Home with a Competitive Edge*. (Extra books may be purchased at a discount depending upon total quantity ordered.)

Call 561-799-3443 or email balancingenergy@energy-by-design.com for pricing information for all of the above or speak to Pat personally for program customization.

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