

Is the Secret Good Feng Shui

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With all of the publicity the movie and book “The Secret” are receiving I am often asked, “Is the principle behind The Secret something like Feng Shui”. Or “are they using a form of positive energy to manifest positive results” or even “is The Secret just one more self-help book or movie that works for a few people”.

I have now watched The Secret several times and have seen a number of interviews about the origin of the movie and its participants. After careful review of the principles of Feng Shui with those of The Secret it is my considered opinion that the same principles of using positive energy in Feng Shui are also the same being applied in The Secret. Whether using positive energy through Feng Shui principles or positive energy through the law of attraction in The Secret, you are still working with the same concept of improving your life through the use of the positive energy of the universe. You are using positive energy to bring about the desired result of a better life, more income, improved relationships, better health and ultimately more joy.

Common Ground

The most important common ground between the Secret and Feng Shui is the use of positive energy in your thinking. Like Feng Shui, you need to unclutter your thinking first and stop focusing on what you don't have but rather the positive things in your life and the things you wish to attract. Whatever thoughts you send out to the universe create a ripple effect and the further out it goes the larger the thought energy becomes. Therefore if you are focusing on negative thinking such as “I never have enough money” or “There are no good guys/gals left to date” what you are attracting is “not enough money” or “people that are not up to your standard for dating.”

Once you become aware of your negative thoughts it is important to turn them into positive thoughts and intentions. If all you focus on is you never having enough money then you will always never have enough money. If you shift your thoughts to attracting money, receiving a new job offer you really love or making that big sale giving you a huge commission, you have shifted the energy in your world to supporting and fulfilling your intentions. They are no longer wishful thoughts but rather real intentions

that make you feel good about yourself because you are attracting and receiving what you desire and intend to achieve.

Take Action

The other common thought that is involved with both Feng Shui and The Secret is the need to take action. For example in Feng Shui if you are wanting to attract money you would make sure your home or office is clutter free, especially in the east and southeast which are the new growth and income areas. Then you would enhance those areas with something symbolic of money such as a money pot filled with seven coins (silver dollar coins work great) along with a very healthy lucky bamboo plant that energizes growth. In The Secret someone created a \$100,000 bill and positioned it so it was the first thing they saw upon awakening and the last thing before going to sleep. This symbol allows both the conscious and subconscious mind to focus on your intentions of increasing your income.

There is a second step however to taking action. You need to do just that, take action. You can focus on attracting more income or a new, better paying more enjoyable job but you also have to go out into the marketplace with your resume to let the world know you want to attract a great new job. If it is a great new relationship you are looking for you need to start looking in new places rather than the old ones and spread the word to friends and family members that you are looking for one of those previously elusive “good” guy/gals to date. If you want to loose weight to become healthier, after re-focusing your thinking so you attract only positive energy thoughts about your body, take action and change your diet, go for walks and find a support group to encourage you.

It’s all about using positive energy, focusing on attracting something better in your life and taking action. Remember, you first need to unclutter your mind and get rid of the old thinking. If what you have been doing up until now hasn’t been working then you need to get rid of the old and replace it with thoughts that attract the positive energy things you want.

You deserve to live a life of abundance filled with hope, much peace and great joy. Make a decision today to use positive energy to attract great abundance and happiness in all areas of your life.

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