

Does Feng Shui Matter?

By Feng Shui Energy Expert Pat Heydlauff

In the grand scheme of things does Feng Shui really matter? Will it really make a difference in your life? Is it a lifestyle you should adopt?

The answer to this simple question “Does Feng Shui Matter” lies in another question “Do you want to be in-control of your life so you can create a better life?”

Feng Shui is all about using positive energy in your personal environment at home and at work so you can take control of your life and enjoy it more. It’s about personal empowerment, *your personal empowerment*, for the 21st century so you can relieve stress and can bring balance into your life, your home, your workplace and within yourself.

Feng Shui is an Ancient philosophy or lifestyle that is just as effective today in our multi-tasking hardwired stress filled world than it was 3000 years ago because it works. It works because its principles encourage you to unclutter your home, your workplace and your mind so you can become a more focused, happier and productive you.

It works because you use a simple process that dictates “everything is filled with either positive or negative energy.” If you surround yourself with the positive energy things, thoughts and people in your life, your life will improve or be better. If you surround yourself with negative energy things, thoughts and people, it cannot get better and may even get worse. Negative energy is stagnant energy and prevents forward movement.

Is Positive Change on Your Calendar?

Making the case for using Feng Shui is simple – its principles provide you tools to use that are results oriented. These tools help you create balance in your life and personal environment through the use of color, shape and sound. These tools provide you the formula for the placement of household and workplace objects and art to provide you uplifting, supportive energy that helps you remove stress, become calmer and more productive.

The same tools will help you transform your home into a peace-filled refuge – a sanctuary from the frantic world outside filled with visual, air and noise pollution – a refuge from cement cities, media bombardment, multi-tasking indifference and being in constant contact but never being connected.

Everything, yes everything in your surroundings has energy – your clothes, the colors of your walls, the car you drive, the club you frequent and the people you hang out with. This is the same energy recorded in the famous Einstein formula $E=mc^2$. And, all of these things provide you either supportive uplifting energy or negative success limiting energy.

Feng Shui through its principles and tools needs to be put into action by you if you wish to experience such dramatic positive changes in your life. Make a commitment to creating a better life - put it on your calendar and begin today.

The Result

Once you've transformed your life, home and workplace through uncluttering your life and creating supportive uplifting energy in your surroundings which aligns with your goals and objectives, you have created balance in your personal world – a place where positive energy flows. And, when your home and workplace feel that way - so does your mind and body. You're a calmer, more focused and productive you. You will get more pleasure and joy out of life. You're better able to determine which things to keep and which to throw out – not only from your closets but from your life.

You also learn what you can control and what you cannot. You are better able to live in the NOW instead of worrying about past negative events or possible future events that may never happen.

Are you really in-control of your life – or are you trapped on that non-stop roller-coaster trying to keep up with the never-ending stress filled demands of life? Try Feng Shui so you can significantly reduce stress and become calm, focused and more productive – a more peace-filled happier you.

You are special because you are you and deserve to have the best life can offer. Just remember, “It's Your Life – Take Control of it!” Try Feng Shui, it really does work and will help **you** take control of **your life**.

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Speaker, Author, Artist
"Everything you say, think and do matters."

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