

## Can you create “good luck”?

By Pat Heydlauff

Most people assume you are either born lucky or you must go through life doomed and have to fight for everything you need and want. Some people do indeed seem to be luckier than others ... or are they? I've been asked “can I use the basic principles of Feng Shui to enhance the positive energy in the good fortune area of my office at work or my home and become one of the “lucky ones”? Others have questioned “is it really true that ancient Chinese Emperors used Feng Shui's positive energy to influence the good fortune of the next seven generations of their family”?

The answer is yes to both of the above. You definitely can energize the good fortune sector of your home and office as did the ancient Chinese rulers. If things never seem to turn out right in your life; if things always seem to go wrong at the worst possible moment; you never seem to get “the job”, “get that raise or promotion”, “buy the house you really wanted” or “be in the right place at the right time”, it is time to take action and create a positive “good luck” energy shift in your world.

Find the south wall of your office and begin there. Make sure there is absolutely no clutter in this area of your office. If you feel that you are often on the edge of a breakthrough or you are about to get a promotion but it never quite happens the odds are good that the good fortune area in your office (also at home) is cluttered with “stuff”. When you clear the “stuff” from this area do not simply shove it elsewhere, put it properly away. Sort through it; appropriately store or file what you need to keep, take action on what needs follow up, delegate to others what you can and toss anything that is no longer relevant or important. If you were to simply move all of this “stuff” you would create stagnant energy in some other area of your life, perhaps health, creativity or wealth. Do not transfer negative energy to some other area of your life; deal with it and remove it from your life.

The next step is to positively energize this area. Good fortune energy can be enhanced in a number of ways. It is symbolically represented by the color red, by fire energy, tall triangular shapes and the number 9. Some examples of “good luck” energy enhancements are:

- A wooden vase filled with a bouquet of tall red flowers like gladiolas
- A variety of tall red candles in varying sizes and shapes
- A picture of jagged mountains (triangles) framed in red
- A predominantly red vertical piece of artwork
- A wooden number 9 painted red

You are limited only by your imagination when energizing the good fortune area of your office as long as you use the guidelines above. The elements not to use in the south are things made out of or that represent metal, water and earth. Follow this same procedure in your home both in your home office and in your living room or family room, depending on which you spend most of your time in.

The third step is the easiest and least expensive. Change your thinking. You need to unclutter your mind just like you uncluttered your office and home. Anytime negative thinking creeps into your mind say to yourself, “I have shifted my energy to encourage “good luck” to enter my world, old rules and old thoughts no longer apply, be gone”. The more often you do this the less your mind will remind you of negative thinking and the sooner you will change your thinking to allow good fortune to enter your world.

Positive “good luck” energy works whether you believe in it or not. It is not simply mind over matter or a state of mind. For example air currents flow and wind blows but you cannot see this energy, only feel it. The same holds true for the heat from a campfire. You may not see the flame or even the embers glowing but you can still feel the energy of the fire. Even though you cannot see it, “good luck” energy works the same way. Unclutter your good fortune areas, enhance them appropriately and then bring into alignment your thinking. Actively create your own good fortune and experience the joy.

In store presentation are available to clubs, organizations, societies and homeowners groups. Classes begin September 24<sup>th</sup>. Pat Heydlauff, author and public speaker is the “Feng Shui/energy specialist” and proprietor of Energy Design, an upscale gift and fine art store located in Crystal Tree Center, 1201 U.S. Hwy 1, Ste. 31, North Palm Beach. Keeping the principles of energy design and Feng Shui in mind, Pat has created and painted all of the artwork, home décor and Feng Shui gifts featured in her store. For Feng Shui consultations, classes and energy design work in the home or office call her now at (561) 799-3443, email her at [balancingenergy@bellsouth.net](mailto:balancingenergy@bellsouth.net) or visit her website, [www.energy-by-design.com](http://www.energy-by-design.com) . She regularly makes public presentations on Feng Shui; “Energy by Design” and has a corporate program on “Substance vs. conditional acceptance”.

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"Everything you say, think and do matters."

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