

## **Attract Good Fortune**

**By Feng Shui Expert Pat Heydlauff**

Much has been written recently about the *law of attraction* or creating your own good luck. The Secret which has been featured everywhere on television and talk radio has brought much attention recently to the thought process of attracting good fortune into your life.

Creating good luck through the power of positive energy and attracting good things into your life are the backbone of the Feng Shui lifestyle as well. The thought process of using the *law of attraction* was recorded many times through history. If you go back to 1950s a very popular book was written by Dr. Norman Vincent Peale, the Power of Positive Thinking an earlier version of the *law of attraction* . Then there is the late 1930s book Think and Grow Rich by Napoleon Hill that gave us the positive thought process of creating wealth and success based on Andrew Carnegie's formula.

If you want to go back even further to consider the *law of attraction* and the use of positive energy to create a better life look at Feng Shui. It was being used by the Ancient Chinese over 3000 years ago to create a better life, longevity, abundance and good fortune. Every Feng Shui philosophy being practiced today addresses the issue of using positive energy to attract fame and good fortune or good luck. Whether reading one of the older books, watching The Secret or using Feng Shui, each one of these teachings will give you an action plan on how to achieve a better life, personal good fortune and attract positive things to you.

### **Action Plan - Step 1**

In order to allow new positive energy into your life through the law of attraction to achieve good fortune or whatever you seek, you need to unclutter your surroundings and your thinking first so the new things and thoughts can enter. If your thinking and your surroundings up until now have prevented you from receiving what you want and deserve, it is time to change. Get rid of negative thoughts and things and replace them with positive supportive energy. Use the following to make room for the positive new to enter:

- Remove thoughts and words from your vocabulary like, I can't, I don't deserve it, good things never happen to me, I never win anything, I always lose, I won't get the job, etc. Replace them with I can, I do and I will words, or; I already have. Get rid of those negative thoughts and hold onto only positive thoughts. When the negatives try to creep into your life again, thank them for offering to help but send them away and tell them you no longer need them.

Follow the same uncluttering process in your personal environment which can be your home, apartment, office; the space where you spend most of your time. Make sure the east area of your space is cleared so you can place an upward growing green plant to further energize your law of attraction. If you do not have a green thumb, use wonderful silk bamboo shoots or a silk plant or small upward reaching tree.

## Action Plan - Step 2

Once you've made room for your law of attraction to work by getting rid of old thinking and stuff, energize it by creating a "Law of Attraction Board". Obtain a bulletin board, one as large as you need depending on what you are trying to attract. Place onto this bulletin board pictures or symbolic things of what you are trying to attract. For example, if a new home is what you seek, place a picture there of the new home you want. If a loving relationship is what you want to attract, place pictures of what that relationship would look like for you. If you want a job with a specific company, place a picture of you as a new employee and a picture of the company together.

If you can't find an appropriate picture draw one or paint one or create one on the computer. You can even use the words "I deserve" above what you are attracting. Words, thoughts and pictures are how you create the new energy that turns into your wants and desires. Just using the word peace will help you attract more peaceful surroundings. You can also use the words "I have received \_\_\_\_\_," you fill in the blank. Another very good usage of words is "thank you for my \_\_\_\_\_." Again, you can fill in the words or use your pictures to do so.

Our most powerful tools for attracting that which we want are our words, thoughts and mental pictures. If you can visualize it, think it and say it, you can attract it. It is that simple. Use this easy to apply Feng Shui Action Plan to attract a better life and so you can enjoy life more.

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"Everything you say, think and do matters."

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