

Are “Old Ways” not working? Create Change NOW with a New Roadmap!

By Feng Shui Expert Pat Heydlauff

Are you holding onto “old ways” that simply are not working? Are you still facing unfinished projects, financial issues that won’t go away or nagging health issues that won’t give up? Is what you’ve done in the past failing to meet your needs today?

If what you have done in the past is not working - change - try something new. It takes new positive energy to create that much needed shift for desirable change to occur in your life. If you are indeed holding onto old ways of doing things in the new millennium and they are not working, *get rid of them*. They are creating stagnant negative energy and will continue to stockpile more unfinished projects, inappropriate relationships and financial woes.

Are You Holding onto the Old?

Are your relationships not quite working? Do you keep getting your business proposals turned down? Do tiny mishaps and health issue prevent you from completing projects you’ve longed to do?

When things never quite turn out the way you had hoped, promises are never fulfilled or you feel like you are never in the right place at the right time, do something different! Change your thoughts, change your actions and change your world - do it NOW.

Create Your New Roadmap Today

The “it” you need to do, is to get rid of the old and create the new - a new roadmap to your future. A roadmap that will serve you well in the 21st Century, not the one that was used by millions in the 20th century and is now dramatically outdated.

Begin by taking a close look at everything you have in your surroundings - include people, places, things and thoughts when considering everything. Look around you - what you see is a mirror image of your thoughts, things and people in your life. Have you surrounded yourself with supportive uplifting positive energy things, people and thoughts? Whether the answer is yes or no, move on to step one so you can get started.

Step one. Get out your yellow tablet or notebook; draw a line down the middle so you can begin the groundwork for your new roadmap. Label the left column, "Wish to Change," and the right one, "Successfully Changed." On the left side write down all of the things you would like to change over the next twelve months. Then rank them in order of importance with No. 1 being the most important.

Step two. Look at your last five years. Observe how you've made positive changes in your life that have led you to the things you like in the present. Are you better off today than you were five years ago? If yes, where or how? Do you have a better outlook on life? If yes to any of the above, what did you do to accomplish those changes?

Since Feng Shui is all about using positive energy to bring about desired results it is very important for you to determine what parts of your past were filled with good energy. Those are the thoughts and things you hold onto. Eliminate the negative energy things – they are holding you back. The rule of thumb in Feng Shui is "surround self with only positive energy things, people and thoughts to live a balanced abundant life." Therefore, if your thoughts, things and relationships aren't providing you positive energy or at least neutral energy, they are definitely sending you negative energy. Get ride of all negative energy.

Place the positive success changes on the right side of your tablet; list as many positive successful changes as possible.

Step three. Evaluate the changes you'd like to make in the left column with the ones you've accomplished over the last five years in the right column. You will be amazed at how very similar many of your desired changes are to the ones you've worked hard to accomplish in the past.

By cross-referencing the changes you'd like to make with the ones you've already made, you are creating a new roadmap to follow to accomplish the desired changes. The techniques you did before that really worked can be applied right now to anything you want to change or accomplish in your life.

If what you've been doing for the last several years hasn't been working, then stop – unclutter your mind and world - then shift to a positive energy thought process of what has worked.

Use your yellow tablet as your road map to your newly energized future. Simply the act of putting everything down on paper will initiate the positive energy shifting process. Take action based on the information you've gleaned through observing your recent past life and the mirror reflection of your current life.

That plus the information on your yellow tablet is your road map to your positively energized balanced and abundant future.

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Pat Heydlauff, President of Energy-by-Design (www.energy-by-design.com) and Feng Shui expert, is a consultant, speaker, columnist and award-winning artist. She has been consulting with individuals, families, and companies since the early 1990's, with clients ranging from California to Florida. In addition, she speaks at corporate and organizational functions, and gives seminars to enhance productivity. Pat Heydlauff can be reached at (561) 799-3443, or at balancingenergy@energy-by-design.com.