

## **To Create Good Luck, Use Feng Shui**

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Ancient Chinese Emperors used Feng Shui's positive energy principles to influence the good luck and good fortune not only for their lifetime but that of the next seven generations of their families." In an article appearing in Fortune Magazine, according to veteran home builder Bob Toll, "one of their (buyer's) main concerns is buying homes with facades that face east or south so that the house will have the best possible Feng Shui, or good luck brought by the spirits. One man's Feng Shui is another man's golf course. I think Feng Shui is worth a lot more."

Most people assume you are either born lucky or you must go through life doomed and have to fight for everything you need and want. Some people do indeed seem to be luckier than others ... or are they?

Is there a good fortune or good luck area in your home and office? Can the basic principles of Feng Shui be used to enhance the positive energy in those areas of your home or office so you can become one of the "lucky ones" by creating your own good fortune?

### **Can You Create Your Own Good Luck?**

The answer is yes to all of the above. There is a specific area in your home and office that is dedicated to good luck and good fortune. And, you definitely can energize the good fortune sector of your home and office as did the ancient Chinese rulers.

If things never seem to turn out right in your life; if things always seem to go wrong at the worst possible moment; you never seem to get "the job", "get that raise or promotion", "buy the house you really wanted" or "be in the right place at the right time", it is time to take action and create a positive "good luck" energy shift in your world.

### **Your Good Luck Plan – Unclutter First**

Find the south wall or south area of your living and/or family room, bedroom or office and begin there. Unclutter it first - make absolutely sure there is no clutter in this area or you will further energize the clutter and you will just get more clutter.

If you feel that you are often on the edge of a breakthrough with a relationship, finally feeling better after months and months of not feeling well or you are about to get a

promotion but none of these ever quite happen, the odds are good that the good fortune area at home or in your office is cluttered with “stuff.”

When you clear the “stuff” from this area do not simply shove it elsewhere - put it properly away or “get rid of it.” Sort through it; appropriately store, hang or put it away; or file what you need to keep, take action on what needs follow up, delegate to others what you can and toss anything that is no longer relevant or important.

If you were to simply move all of this “stuff” you would create stagnant energy in some other area of your life, perhaps health, creativity or wealth. Do not transfer negative energy to some other area of your life; deal with it and remove it from your life.

### **Your Good Luck Plan – Step Two**

The next step is to positively energize this area. Begin in your living/family room. Good fortune energy can be enhanced in a number of ways. It is symbolically represented by the color red, by fire energy, tall triangular shapes and the number 9. Some examples of “good luck” energy enhancements are:

- A wooden vase filled with a bouquet of tall red flowers like gladiolas – curly wooden willow branches or tall bamboo sticks also work well
- A variety of tall red candles in varying sizes and shapes in glass candlestick holders – 9 candles would be great if there is room – be sure to light them once to release the energy
- A picture of jagged mountains (triangles) reflecting the red of a sunrise or framed in red
- A predominantly red vertical piece of artwork
- A wooden number 9 painted red

You are limited only by your imagination when energizing the good fortune area of your life as long as you use the guidelines above. The elements not to use in the south are things made out of or that represent metal, water and earth such as a metal picture frame, artwork of the ocean or fields of barren land.

Follow this same procedure in your bedroom and in your office.

### **Your Good Luck Plan – Step Three**

The last step is the easiest and least expensive. Change your thinking. You need to unclutter your mind just like you uncluttered your home and office. Anytime negative thinking creeps into your mind say to yourself, “I have shifted my energy to encourage **good luck** to enter my world; old rules and old thoughts no longer apply, be gone.” The

more often you do this the less your mind will remind you of negative thinking and the sooner you will change your thinking to attract good fortune to enter into your world.

Positive “good luck” energy works whether you believe in it or not. It is not simply mind over matter or a state of mind. For example air currents flow and wind blows but you cannot see this energy, only feel it. The same holds true for the heat from a campfire. You may not see the flame or even the embers glowing but you can still feel the energy of the fire.

Even though you cannot see it, “good luck” energy works the same way. Unclutter your good fortune areas, enhance them appropriately and then bring into alignment your thinking. Good fortune occurs when positive energy is focused on creating it. Actively create your own good fortune and experience the joy.

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Pat Heydlauff, president of Energy Design, uses Feng Shui design principles to eliminate chaos and stress at home and within oneself. More than a Feng Shui expert, Pat is a consultant and speaker who helps remove clutter and negativity while encouraging personal growth, improved relationships and prosperity. Her forthcoming book, *“Feng Shui: So Easy a Child Can Do It,”* shows how to achieve a better tomorrow. For information on her consulting, speaking and artwork, visit: [www.Energy-by-Design.com](http://www.Energy-by-Design.com) or call: 561-799-3443.

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"Everything you say, think and do matters."

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